SAVE ENERGY WITH LEDs

Get to work — lift with your knees, Save 75% with LEDs!

Did you know?
✓ ENERGY STAR certified LED bulbs are not only energy-efficient — they must also meet other requirements related to color quality, light output, and warranty terms.

Actions you can take:
✓ Replace old incandescent bulbs with ENERGY STAR certified LEDs
✓ Look for the ENERGY STAR label on the packaging to be sure the bulb is certified.
✓ Feeling festive? Light your space with ENERGY STAR certified LED string lights!
TRY Daylighting

Serve up some savings while you soak up the sun. Working by daylight is efficient and fun!

Did you know?

☑ Natural light has been linked to better health and comfort, and higher productivity!

Actions you can take:

☑ Turn off artificial lights when daylight is sufficient.
☑ Face the window, but avoid sitting in direct sunlight.
☑ Tilt blinds upward if needed to shield your eyes from direct sunlight.
☑ Arrange your computer screen to face away from or perpendicular to the window.

LEARN MORE AT energystar.gov
SHUT IT DOWN

ENERGY EXERCISE OF THE WEEK

A JOG AFTER WORK CAN BE HEALTHY AND FUN — BUT YOUR DESKTOP COMPUTER DOESN'T NEED TO RUN!

Actions you can take:
✓ Shut down your computer at the end of the day and work week.
✓ Activate sleep settings instead of a “screensaver.”
✓ Plug electronics into a smart power strip.

Did you know?
✓ A computer left running 24/7 is wasting energy about 70 percent of the time!
✓ A computer with a “screensaver” uses significantly more energy than an idle computer!

LEARN MORE AT energystar.gov
TAKE TIME TO UNPLUG

Electronics left plugged in continue to chug.
If it's charged or not in use, take time to unplug!

Did you know?
✓ Electronics continue to drain electricity the entire time they're plugged in!

Actions you can take:
✓ Unplug all electronics when you're not using them, or when they're fully charged.
✓ Plug electronics into a smart power strip that shuts off power when devices are not in use. You can also cut power to everything with one switch!

Learn more at energystar.gov