SEEDS Receives $20k Grant for Health

July 4, 2014

Local nonprofit SEEDS has received a $20,000 grant from the Academy of Nutrition and Dietetics Foundation and the General Mills Foundation to improve youth nutrition and physical activity behaviors in the community. The award is part of the highly competitive Champions for Healthy Kids program and is one of just 50 issued this year.

The grant will allow SEEDS to implement "Food-Shed, Fitness, and Fun" to help students and their families find motivation to develop healthy eating habits and incorporate daily physical activity as a way of life. SEEDS will also expose participants to local agriculture and culinary leaders – including farmers, producers, chefs, researchers and local food entrepreneurs – and offer community events that showcase the developing skills and culinary creations of the participants.